**Testimonials/Feedback.**

August 2023.

‘Hi Paul,

I hope you’re well.

I just wanted to tell you about some feedback I had from a young person you had previously worked with. I met with this young person in a young person’s group we are running and in the context of discussing the pros and cons of therapy in CAMHS, they were so positive about the work that they had done with you. They voiced that you helped them to realise who they really were rather than what their past had made them, and that they were able to know who they actually were now. They spoke about it in such an articulate and positive way, it was so clear that the work had been so important to them.

Warm wishes,

A Psychologist.’

April 2023.

‘Hi Paul,

I’m not going to make the session today as I’m on holiday. Thanks for your time counselling our family, you’ve really helped us connect with each other and better understand our relationships together.

Thanks,

Client’.

June 2023

‘This is my first experience of working with Paul. Our setting have found Paul to be supportive and we really value the face-to-face contact. In a meeting last term,  Paul is very adept at ensuring that everyone feels welcome and that there is a calm atmosphere throughout. I find pauses uncomfortable but realised that Paul deliberately pauses to give all stakeholders thinking time.  When parents are in a place of vulnerability, Paul was there for them and find ways to accommodate everyone's needs.

School SENCO/Head of Year’

May 2022

‘I have only worked with Paul for one month and he has always been responsive and supportive of us. Paul has established a very positive working relationship with the family with whom I am working and has encouraged the parent of the young person to maintain communication when it looked likely that she would end it prematurely.

Colleague’

Feb 2021

‘Paul was very clear from the start regarding the assessment process and sessions with the child and family. Paul has a calm and logical approach throughout each meeting, demonstrating warmth and genuine interest and curiosity. Validating parents feelings and difficulties. I felt able to attend a couple of assessment meeting alongside the parent because she felt anxious, I feel Paul’s positivity and understanding enabled him to swiftly develop a trusting therapeutic alliance with the parent.

On one occasion the parent shared with me that she felt safe, and felt able to talk openly’.

Professional

Jan 2021

‘My experience of working with Paul has been an extremely positive one. The approach to our parents at a time when they are often still in shock from the incident that has led to their referral has always been considered, reassuring and 'calm'. The quality of communication is a strong feature and Paul feels accessible. When we requested extra support Paul was highly accommodating and facilitated a meeting with parents and school that helped everyone share their worries and plan for next steps. The follow up written report also came within days of the meeting and this ensured there was no uncertainty about what had been agreed. With a reassuring invitation to go back, should needs arise, the service provided by Paul was excellent.

Thanks Paul (bit more than a sentence)’

Professional